

SMILES FOR HEALTH

TOPIC: Need a Mint? Say NO to bad breath.

<u>VIDEO</u>	<u>AUDIO</u>
Animated open Funder logo: United Concordia	***Voice Over*** Because good dental health benefits more than just a great smile.
Segment topic: "Can I Offer You a Mint?" Segment sub-topic: "Say NO to Bad Breath 7sec.	"Smiles for Health" is brought to you by United Concordia.
7 SEC.	***Voice Over*** No one wants to have bad breath... so how can we avoid it?
8 SEC.	***Speaker – Donna Traaen, Dental Hygienist *** 01:32:09:26 – 01:32:16:02 The best thing to do is start with your own home care and that's removing the bacteria and plaque that's in your mouth.
9 SEC.	01:32:16:21 – 01:32:24:27 Start with brushing twice a day with a soft toothbrush, using dental floss once a day and then also cleaning the tongue.
4 SEC.	01:33:36:21 – 01:33:45:25 There are a lot of products that help to temporarily freshen the breath but (um they're) you actually have to physically remove the bacteria that are present.
4 SEC.	01:33:46:09 – 01:33:50:17 The other thing that you need to combine that with is having proper dental care...
4 SEC.	01:33:51:03 – 01:33:55:12 ...seeing your dentist regularly for your examination your preventative care.
8 SEC.	01:36:06:09 – 01:36:14:07 There are medical problems that can also contribute, so we start with the mouth but there are other areas to look if we're not having the result that we want.
Animated close	***Voice Over*** Because good dental health benefits more than just a great smile.
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7sec.